

# Mexican Chopped Salad with Honey-Lime Dressing

SELF JULY 2003

Yield Makes 4 servings

## Ingredients

### Salad

- 2 1/2 cups chopped romaine lettuce
  - 1 can (15.5 oz) black beans, rinsed and well drained
  - 1 cup cup chopped seeded tomato
  - 3/4 cup chopped peeled jicama
  - 3/4 cup fresh corn kernels, uncooked (or frozen or canned)
  - 3/4 cup thinly sliced radishes
  - Half a ripe avocado, diced
  - 1 red sweet pepper, chopped
  - 1/4 cup crumbled feta cheese
- ### Honey-Lime Dressing
- 1/4 cup fresh lime juice
  - 1/4 cup olive oil
  - 2 tbsp honey
  - 2 tbsp finely chopped fresh cilantro
  - 1 garlic clove, peeled and minced
  - 1 tsp chopped jalapeño pepper (use canned for less heat)

## Preparation

Toss all salad ingredients in a large bowl. In separate bowl, mix dressing ingredients. Pour dressing over mixture and toss again. Season with salt and pepper to taste.