Spicy Red-Pepper and Eggplant Confit

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YieldMakes about 3 cups.

Ingredients

- 2 lb red/orange peppers, tender-roasted
- 1 (1 1/2-lb) eggplant, peeled and cut into 1-inch pieces
- 4 large garlic cloves, smashed
- 1 (28-oz) can whole tomatoes in juice, drained and coarsely chopped
- 1 cup extra-virgin olive oil
- 3/4 teaspoon salt
- 1/2 teaspoon dried hot red-pepper flakes

Preparation

Put oven rack in middle position and preheat oven to 400°F.

Cut peppers into 1-inch pieces. Toss together all ingredients in a large roasting pan, then spread evenly. Roast, stirring occasionally, until vegetables are very tender, about 1 hour. Cool before serving.

Cooks' note:

Confit can be made 1 week ahead and chilled, covered. Bring to room temperature and stir before serving.