## Ginger Garlic Green Beans

# BY GINA MARIE MIRAGLIA ERIQUEZ GOURMET SEPTEMBER 2009

### YieldMakes 4 servings

### Ingredients

1 pound green beans, trimmed

3 garlic cloves

1 tablespoon soy sauce

1 tablespoon grated peeled ginger

2 teaspoons rice vinegar (not seasoned)

1 tablespoon vegetable oil

1/2 teaspoon Asian sesame oil

1 1/2 teaspoon sesame seeds, toasted

### Preparation

Cook beans in a 6-quart pot of boiling well-salted water, uncovered, until just tender, 6 to 7 minutes. Drain in a colander, then plunge into an ice bath to stop cooking. Drain beans and pat dry. While beans cook, mince and mash garlic to a paste with a pinch of salt, then stir together with soy sauce, ginger, vinegar, and oils in a large bowl.

Add beans and toss. Serve sprinkled with sesame seeds.